eczemaless

An Al-based Eczema App

To help manage eczema effectively

EczemaLess App – Top Features

Some of top features of our AI- based Eczema app rest we want to you to explore yourself



Eczema Severity Score

Allows you to keep a check on your eczema severity score, indicating iwhether you are on the rigth treatment track



Recommended: At least Thrice a week

Step # 1 Click the track button on the home page



Step #2 Select the affected body part for which you want to check the Severity Score



Step #3 Click an image of the affected area and answer few questions



3

Step #4 See your Result. You can also check your past result from History

Setup and Log Care Plan

Set your careplan helps you to log all your activity which helps you to adhere to your daily routine for effective eczema treament



Recommended: Log Daily for better

γ Step # 1

1

2

3

Go to the care-plan section from the bottom of the menu and click on the edit, to enter the 3 step careplan setup wizard

) Step #2

Select from the dropdown menu of each step (Dryskin care, Treatment and scracth control) select all which is applicable to your condition. This is one-time setup.

Step #3

Log your care-plan in the preview section to confirm you did not miss any activity

Step #4

Log your activity daily so that it can be tracked and compared with your severity

Track and Identify Triggers

The section is auto fed by the most common triggers encountered by eczema



Recommended: Log Daily for better

Step # 1



Go to the Trigger section from the bottom of the menu and click edit to seclt the triggers from the dropdown list or add add your own trigger and save

Step #2

Log your triggers whenever you encounter it simply by going to the trigger section.

Step #3



Trigger related to weather will be taken care off for you and for food triggers juct click an image to identify your triggers in it

Step #4

Identify the triggers by comparing the log with your eczema severity score and avoid in future



Get Insights

Checking your insights gives you an idea on what factors and treatment is effecting your eczema



Recommended: once a week to keep the track

Step # 1

Go to the Insight section from the bottom of the menu and select the duration for which you want to look for the insights

) Step #2

Select the parameters you want to compare eg severity vs treatment, sevrity vs trigger etc

Step #3



Read the colorful graphs and analyse what is affecting your eczema positively or negatively

Step #4



IDownload the pdf report of your analysis from the home page by selecting the duration from which you want the report.



Receive Instructions from Physician

The section is auto fed by the most common triggers encountered by eczema



Other useful features

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Achievements

The only eczema app with to be available in 5 major spoken languages in the world



eczemaLess

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The Best tool to track, control and manage eczema effectively

Interactive, Lively, Multi-lingual...





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